



ESOL International
English Listening Examination
Level C1 Advanced

Instructions to learners

Check that you have the correct paper.

Please complete the information on the mark sheet.

Record your answers on the mark sheet.

Use black or blue ink. Do not use pencil.

Total marks available: 31

You have **40 minutes** to finish the examination.

Part 1

You will hear ten sentences twice. Choose the best answer in each situation.

Now read the answers. You have two minutes to read the answers.

Now listen to the recording and select the best answer.

Mark the answer on the mark sheet.

- | | |
|--|--|
| <p>1. a. I've been to the new shopping centre.
b. Yes, I've had to increase my shopping budget.
c. Yes, I've had to reduce my shopping budget.</p> <p>2. a. There is a lovely park close by.
b. There are no new shops in the area.
c. There is a good restaurant nearby.</p> <p>3. a. I haven't seen the latest film.
b. I have a new table in the living room.
c. I last saw them on the kitchen counter.</p> <p>4. a. Tell him I am sorry.
b. I'm so pleased for him. He deserves it.
c. Is he working at the local bakery?</p> <p>5. a. Oh well, never mind.
b. Oh dear, I will worry about it.
c. Oh well! Don't forget it next time.</p> | <p>6. a. They are not educational.
b. Yes, I love eating sweets when I watch TV.
c. Yes, I enjoy them too. They're very interesting.</p> <p>7. a. I don't like the blue colour, are there any other colours?
b. I like the green one but my favourite is the yellow one.
c. I dislike the blue chair and am not too keen on the green either.</p> <p>8. a. I may be late home tonight.
b. Yes, I should think so, but I may be late home.
c. I could go shopping, but haven't decided yet.</p> <p>9. a. All right, will they meet you there?
b. All right, I will be home soon.
c. All right, I am ready now.</p> <p>10. a. Is not really possible.
b. Yes, that's fine.
c. I can't do it.</p> |
|--|--|

Part 2

You will hear two conversations. You will hear them twice.

You have two minutes to read the questions for both conversations.

Now listen to Conversation 1.

Record your answers on the mark sheet.

Conversation 1

1. **What is ordered with every meal?**
 - a. Cheese.
 - b. Chicken.
 - c. Salad.

2. **Which two types of bread rolls do they order?**
 - a. Brown seeded and wholemeal bread.
 - b. Brown seeded and white bread.
 - c. White and wholemeal bread.

3. **Which TV programme does Hugh Fearnley host?**
 - a. River Pottage.
 - b. River Cottage.
 - c. River Cottage.

4. **What does Hugh Fearnley always campaign for?**
 - a. Locally produced sauce with vegetables and fish.
 - b. Issues related to food production.
 - c. EU fishing policy.

5. **What does the owner of the restaurant give them free of charge?**
 - a. Snacks.
 - b. Milk.
 - c. Bread Rolls.

Now listen to the conversation again and check your answers.

Now listen to Conversation 2.

Record your answers on the mark sheet.

Conversation 2

1. **What is not mentioned in paragraph one?**
 - a. Restaurants.
 - b. Theatre.
 - c. Cobbled Streets.

2. **What has nearly sold out?**
 - a. Ethnic beaded necklaces.
 - b. Indian scarves.
 - c. Three monkeys.

3. **What has not sold as quickly as expected?**
 - a. Peruvian blankets
 - b. North American blankets
 - c. North American rugs.

4. **How does Joe describe the Peruvian blankets:**
 - a. Thick and expensive.
 - b. Thick and warm.
 - c. Thick and colourful.

5. **Which is true?**
 - a. Sal likes black coffee with sugar.
 - b. Sal likes white coffee without sugar.
 - c. Sal likes white coffee with sugar.

Now listen to the conversation again and check your answers.

Part 3 – Debate and discussion

You will hear a debate and discussion. Read the questions and answers on your examination paper for both the debate and discussion.

Now listen to the **debate**. Record your answers on the mark sheet.

- 1. What is the main point of this debate?**
 - a. Texting is dangerous.
 - b. Texting is unsociable.
 - c. Texting is boring.
- 2. What is wrong with sending a text?**
 - a. It is effortless.
 - b. It is impersonal.
 - c. It is short and to the point.
- 3. According to the recording, which is false?**
 - a. A text takes time.
 - b. An emoji is a cartoon expression of emotion.
 - c. A missed call shows you care.
- 4. According to the recording, what should people do?**
 - a. Make more effort to WhatsApp friends and family.
 - b. Make more effort to phone friends and family.
 - c. Make more effort to text friends and family.
- 5. According to the text, what is the real problem with an emoji?**
 - a. They cannot replace the expression of real emotion.
 - b. They are silly, cartoon pictures that represent emotion.
 - c. They show too much emotion.
- 6. What do people avoid doing, when they send a text?**
 - a. They avoid taking responsibility for their actions.
 - b. They avoid ending a relationship.
 - c. They avoid keeping in touch.

Listen to the broadcast again and check your answers.

Now listen to the **discussion**. Record your answers on the mark sheet.

- 1. What is the main point of the discussion?**
 - a. How much time in the day do we spend relaxing.
 - b. How do we find time in the day to relax.
 - c. How many times a day should we relax.
- 2. According to the discussion, how does Alicia find time to relax?**
 - a. She makes extra time to relax.
 - b. She finds it difficult to find the time to relax.
 - c. She finds time to relax, whilst she is doing other things.
- 3. What does the 'mind' tell us to do, if we relax?**
 - a. Calm down.
 - b. Stop relaxing.
 - c. Go to sleep.
- 4. According to the discussion, which is true?**
 - a. Alicia likes listening to music when she is walking.
 - b. Alicia turns off her mobile phone when she is walking.
 - c. Alicia listens to nature and thinks about things when she is walking.
- 5. What is the difference between 'relax' and 'rest'?**
 - a. Relaxation makes the body feel better. Rest puts you to sleep.
 - b. Relaxation soothes the mind. Rest regenerates the body.
 - c. Relaxation is less stressful than rest.

Listen to the broadcast again and check your answers.

End of Examination for C1 Advanced Listening.

ESOL International
English Reading Examination
Level C1 Advanced

Instructions to learners

Check that you have the correct paper.

Please complete the information on your mark sheet.

Use black or blue ink. Do not use a pencil.

You may NOT use a dictionary.

There are 31 questions in this examination.

Answer all the questions.

Record your answers on the mark sheet.

Total marks available: **31**

You have **75 minutes** to finish the examination.

Text 1

Read the text. Answer the questions on your mark sheet.

<u>Technology is Bad for the Body</u>	1
	2
The things we do each day can change the shape of our bodies and give us aches and pains. For example, picking heavy objects up incorrectly and sitting in the wrong position for a long time can cause back pain, but now we are developing rounded shoulders and suffering neck pain through constantly looking down at mobile phones and computer screens.	3
	4
	5
	6
	7
	8
Looking down pulls the shoulders forward and the shoulders become rounded. The neck muscles become shortened through lack of use and this creates pain in the neck.	9
	10
	11
	12
Ergonomically designed computer chairs support our upper and lower backs and health and safety guidelines give us advice on the best way to sit and position our computer screens to try to minimise the negative impact of sitting in the same position for hours.	13
	14
	15
	16
	17
Despite this, however, people are still suffering pain. Years of jutting the chin forward to look at a computer screen means the natural position of the neck has been altered. Jutting the neck forward squashes the top of the spine compressing the nerves which can result in severe neck pain and headaches. Our reliance on iPads and mobile phones are making this worse because we often use them whilst slouched on the sofa or in bed.	18
	19
	20
	21
	22
	23
	24
In addition, sitting in front of a computer screen for a long time tightens up the middle of the back, which means less flexibility and more danger of strain. Moreover, the muscles attaching the ribs to the spine become stiff.	25
	26
	27
	28
We can help ourselves by standing up regularly and lengthening our necks and stretching our back muscles. Imagine a string is pulling you up from the middle of your head and try to keep this position when you are sitting or walking around. Sit on a static chair, put your hands behind your neck and gently backwards, arching in the opposite direction to the one you have been sitting in all day. This will also help stretch important muscles.	29
	30
	31
	32
	33
	34
	35
It might sound like a lot of hassle, but ignoring the problem will only mean pain for the future.	36
	37

1. **The main purpose of this document is to:**
 - a. Describe different kinds of pain.
 - b. Persuade people to sit properly when using a computer.
 - c. Explain how using technology can cause pain in our bodies.
2. **According to the article, which statement is false?**
 - a. Ergonomic computer chairs stop us from jutting our chins forward.
 - b. Gentle stretching and walking around can help us.
 - c. Picking up heavy objects incorrectly can hurt our backs.
3. **Using a computer for a long time can make our backs tighten up and...**
 - a. Our ribs become stiff.
 - b. Our muscles become too flexible.
 - c. The muscles connecting the spine to the ribs stiffen up.
4. **What does this sentence mean in paragraph 3?**

“minimise the negative impact of sitting in the same position for hours.”

 - a. Identify ways to reduce sitting in the same place for a long time.
 - b. Avoid the amount of time we sit in front of a computer.
 - c. Help to reduce the painful effects of sitting in one place for a long time.
5. **What is the best word to replace ‘reliance’ in line 22?**
 - a. Independence.
 - b. Dependence.
 - c. Depending.
6. **What is a ‘static chair’ on line 32?**
 - a. A chair that does not move.
 - b. An electric chair.
 - c. A chair on wheels.
7. **There is a spelling mistake on...**
 - a. Line 15.
 - b. Line 30.
 - c. Line 27.
8. **There is a grammatical error on:**
 - a. Line 7.
 - b. Line 22.
 - c. Line 33.
9. **The most suitable word to complete the sentence on line 32 is:**
 - a. Fall.
 - b. Slip.
 - c. Lean.
10. **How would you describe the style of the text above?**
 - a. Informative and believable.
 - b. Informative and instructive.
 - c. Useful and descriptive.

Text 2

Read the text. Answer the questions on your mark sheet.

<u>China's Harbin International Winter Ice Festival</u>	1
	2
The annual Harbin Ice Festival takes place in Harbin, Heilongjiang, China. Officially,	3
the festival starts on January 5 and lasts one month but some exhibits open earlier	4
and ice sculptures are erected throughout the city. There are two main areas to	5
visit; Sun Island and Ice and Snow World.	6
	7
Sun Island is on the opposite side of the Songhua River from the city and displays	8
enormous snow sculptures of animals, people and mystical creatures.	9
	10
Ice and Snow World is open at night and displays illuminated full size sculptures of	11
buildings and famous landmarks made from blocks of thick ice taken directly from	12
the Songhua River. All the sculptures are hand-made by artists from all over the	13
world using swing saws, hand saws and ice picks. Many of the sculptures are	14
intricately designed. To create transparent ice sculptures that look like glass,	15
deionised water is used, and multi-coloured lights create different moods and add	16
life to the sculptures.	17
	18
During the festival, there are ice lantern park tours around Harbin's Zhaolin	19
Gardens to see the sculpture's at night. When the Songhua River is completely	20
frozen in midwinter, it becomes a playground at festival time for ice biking, alpine	21
skiing and ice skating.	22
	23
At the 35th annual festival held in January 2019, Harbin Ice and Snow World,	24
covered over 600,000 square metres and included more than 100 landmarks. It is	25
made from 110,000 cubic meters of ice and 120,000 cubic metres of snow. Artists	26
from 12 different countries contributed to the festival.	27
	28
The highest ice carving in recent years was the Crystal Castle, reaching 48 metres	29
high; nearly as as the Arc de Triomphe in Paris.	30
	31
Harbin receives cold, winter winds from Siberia, so the winters are dry and freezing	32
cold with little rain. The average temperature in winter is -16.8°C .	33

11. **The word 'exhibits' in line 4 means:**
- Objects on display for people to look at.
 - Places where people can buy things.
 - Museums and art galleries.
12. **According to the text, which statement is true?**
- The festival is only open during the evening.
 - The festival is open all year round.
 - The festival takes place every year during the winter season.
13. **Animals and mystical creatures are carved out of...**
- Snow.
 - Ice.
 - Stone.
14. **The text states that deionised water is good for making...**
- Colourful sculptures.
 - Transparent sculptures.
 - Glass sculptures.
15. **The best phrase to replace 'intricately designed' in line 15 is:**
- Complicated and detailed.
 - Exciting and inspiring.
 - Confusing and perplexing.
16. **Where exactly can you see the ice sculptures by lantern at night?**
- In Harbin city.
 - On the frozen Songhua river.
 - In Zhaolin gardens.
17. **There is a spelling mistake on:**
- Line 3.
 - Line 12.
 - Line 26.
18. **The best word to complete a sentence in line 30 is:**
- Tall.
 - Short.
 - Long.
19. **There is a punctuation mistake in line...**
- 4.
 - 20.
 - 26.
20. **In paragraph three, what does the word 'landmarks' mean?**
- Unknown buildings and places.
 - Well known famous buildings or places.
 - Well known celebrities.

Text 3

Read the text. Answer the questions on your mark sheet.

History of the Red Carpet

The story of the red carpet goes back thousands of years. In Ancient Greece, a path of dark red tapestries was rolled out in the Aeschylus play “Agamemnon”, when the King’s vengeful wife prepares to welcome home her husband from the Trojan War.

In Renaissance art, red carpets and rugs appear frequently, and are seen in paintings of saints and royalty because the colour red has long been associated with kings, queens and the aristocracy.

In Georgetown, South Carolina, in 1821, the US president, James Monroe from Virginia County, was welcomed ashore onto a red carpet as he stepped off a riverboat.

The origin of the phrase ‘red carpet treatment’ started in the 20th Century, when an exclusive, express passenger train run by the New York Central Railroad from 1902 welcomed its passengers aboard with a red carpet.

In 1922 a long, red carpet was unfurled in front of the Egyptian Theatre to welcome the actors starring in the Hollywood premiere of Robin Hood.

Then, in 1961 the red carpet was introduced at the Academy Awards at the Santa Monica Civic Auditorium. A few years later, the broadcasters of the ceremony filmed the arrival of guests as they stepped out of their limousines onto a red carpet. From this point on the red carpet became a focal point for actors and actresses to make a grand entrance at the Oscars.

So, today, the red carpet is synonymous with famous people and royalty. If someone rolls out the red carpet for you, it is a high honour indeed.

- | | |
|--|--|
| <p>21. What is the main purpose of this text?</p> <ul style="list-style-type: none">a. To entertain the reader.b. To persuade the reader.c. To give advice to the reader. <p>22. According to the text, which statement is false?</p> <ul style="list-style-type: none">a. The red carpet is not only used for royalty.b. The red carpet is a special sign of welcome for important guests.c. No-one is allowed to walk on the red carpet. | <p>23. Where <u>exactly</u> did the US president, James Monroe, arrive and step onto a red carpet?</p> <ul style="list-style-type: none">a. In Virginia County.b. In South Carolina.c. In Georgetown. <p>24. In which year was the red carpet used for the first time, for film stars?</p> <ul style="list-style-type: none">a. 1902.b. 1922.c. 1961. <p>25. In paragraph 5, what does ‘unfurled’ mean?</p> <ul style="list-style-type: none">a. Opened up.b. Rolled out.c. Brought in. |
|--|--|

Text 4

Read the text. Answer the questions on your mark sheet.

Hobbies and Interests on a CV

A CV (Curriculum Vitae) is a document that details your education and work history but is it essential to list your hobbies and interests too? Some people may believe it is not important to list them, but employers can find out a lot about you if you do.

Some employers may wish to find out if your hobbies and interests relate to the job you are applying for. In addition, when a future employer sees a candidate's hobbies and interests, the information provides an insight into your personality and character. Here are some hobbies and interests that are worth putting on your CV:

Yoga and Meditation demonstrate your ability to stay calm and in control. If you are looking to work in a very busy environment, you will have methods to handle pressure.

If you enjoy adrenalin sports such as bungee jumping or sky diving, then you enjoy taking calculated risks and are comfortable with pushing boundaries. You are organised and do not fear the unknown.

Photography, Blogging and Video Production means you are creative, precise and focused and would do well in broadcasting, marketing or event planning.

If you enjoy football, volleyball, cricket or even organising community activities you have the ability to motivate and lead a team of people.

If you want to work in the travel industry, an interest in language and culture demonstrates you should do well working

A passion for gardening is good for seeking roles in sustainability and clean energy. It shows you care about nature and the environment.

These are just indications of what employers could believe about you, so think carefully about the kinds of hobbies and interests you describe.

- | | |
|--|--|
| <p>26. What activity demonstrates that you are good at leading a team of people?</p> <ul style="list-style-type: none">a. Skiing.b. Tennis.c. Football. <p>27. In paragraph 2, which is the best word to replace 'future'?</p> <ul style="list-style-type: none">a. Possible.b. Feasible.c. Predictable. <p>28. Which two hobbies and interests would best prepare you for a job in broadcasting?</p> <ul style="list-style-type: none">a. Bungee jumping and cycling.b. Yoga and meditation.c. Photography and blogging. | <p>29. A word has been omitted in paragraph 8. It should be...</p> <ul style="list-style-type: none">a. Aboard.b. Broad.c. Abroad. <p>30. In the final paragraph, what advice is given to you when you write a CV?</p> <ul style="list-style-type: none">a. Never tell anyone about your hobbies.b. List the relevant hobbies for the job.c. Always describe all of your hobbies. <p>31. A CV (Curriculum Vitae) is what?</p> <ul style="list-style-type: none">a. A history of education and work.b. Your family history.c. A history of your hobbies. |
|--|--|



Page left intentionally blank.

ESOL International
English Writing Examination
Level C1 Advanced

Instructions to learners

Check that you have the correct paper.

You must write a minimum of 150-200 words for Task 1 and 250-300 words for Task 2.

Use black or blue ink. Do not use a pencil.

You may NOT use a dictionary.

There are two tasks. You must attempt both tasks.

Formal writing Task 1, you must complete **either** Option 1 **OR** Option 2.

Informal writing Task 2, you must complete the set task.

Total marks available: **24**

Allow time to check your work before the end of the examination.

You have **75 minutes** to finish the examination.

NOCN use only	
Question	Mark
1	
2	
Total	

Option 1 Formal Writing Task 1 – Allow 35 minutes for this task.

You ordered some clothes from ‘Clothes R Us’ online. When the order arrived, there were some missing items but they have charged you for them. This is not the first time this has happened. Write a letter to the Manager, Mrs Cartwright.

You could write about:

- What was wrong with the order
- How many times this problem has occurred
- Tell them you have the receipt and a list of the missing items
- What you would like to happen next.

OR

Option 2 Formal Writing Task 1 – Allow 30 minutes for this task.

Last week, you had a new double-glazed window fitted in your bedroom but it does not close properly. You tried to contact the company by phone but they are not answering. Write a letter of complaint.

You could write about:

- What you have had fitted and when it was fitted
- What the problem is with it
- What action have you taken so far
- What action you expect from the window company, and why.

Write 150 - 200 words.

(12 Marks)

Informal Writing Task 2 – Allow 35 minutes for this task.

Write an email to your friend asking them to help you organise an adventure day for you and your friends.

You could write about:

- Why it is a good idea to have an adventure day
- Where you would like to visit, i.e. visit to the beach, concert, sporting event
- What you would like your friend to do
- When you would like the adventure to take place.

Write 250-300 words.

(12 Marks)

You will be assessed on:

- content
- use of appropriate tenses
- word order
- use of conjunctions, adjectives and vocabulary
- legibility of writing

End of Examination for Writing – Level C1



Page left intentionally blank.



NOCN Group
Acero Building
1 Concourse Way
Sheaf Street
Sheffield
S1 2BJ
UK

E-mail: nocn@nocn.org.uk

Tel: +44 (0) 0300 999 1177